

16 July 2020

Filta Group Holdings plc
("Filta" or the "Company")

Awards of share options and stock appreciation rights

Filta Group Holdings plc (AIM: FLTA), a leading provider of fryer management and other services to commercial kitchens, announces that share options have been granted to certain persons discharging managerial responsibilities ("**PDMRs**") and employees under the Company's existing Share Option Scheme (being the 2017 Filta Group Holdings EMI Scheme). Furthermore, the Company has granted certain PDMRs and employees stock appreciation rights ("**SARs**") under the Company's existing SAR Plan (being the 2017 Filta Group Inc Stock Appreciation Rights Plan).

The options have an exercise price of 96.5 pence per share and will vest over a period of 3 years from 2022 to 2024, subject to the satisfaction of both time and certain performance conditions relating to annual profit growth over defined targets and are exercisable at any time after vesting for a period of 10 years from 15 July 2020. The Company has a total of 1,357,500 options over ordinary shares outstanding, representing approximately 4.67% of the Company's current issued share capital. The total consists of 67,500 vested and 1,290,000 unvested options.

The Company has granted options to the following PDMRs:

PDMR	No of options
Ana-Maria Aloy	35,000
Harriet Morley	25,000
Edward Palin	25,000
Julie Sutton	15,000

Under the 2017 Filta Group Inc Stock Appreciation Rights Plan, the SARs are structured as conditional cash bonuses whose value will be calculated by reference to the amount by which the price of the Company's ordinary shares has risen above the base price of 96.5 pence at the date of exercise.

The Company has issued a total of 132,500 SARs which include the following PDMRs:

PDMR	No of SARs
Brian Hogan	30,000
Tom Dunn	30,000
Rob Totten	20,000

Annalisa Bhim

10,000

The vesting period and conditions for the SARs scheme are identical to those for the 2017 Filta Group Holdings EMI Scheme. The Company has a total of 625,000 SARs outstanding of which 132,500 have vested and 492,500 remain unvested.

For further information:

Filta Group Holdings plc

Jason Sayers, Chief Executive Officer +1 407 996 5550

Brian Hogan, Chief Financial Officer

Cenkos Securities

Stephen Keys, Harry Hargreaves 020 7397 8900

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name:	Ana-Maria Aloy	
2	Reason for the notification		
a)	Position/Status:	PDMR (Corporate Controller)	
b)	Initial Notification/Amendment:	Initial Notification	
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor		
a)	Name:	Filta Group Holdings plc	
b)	LEI:	2138006C7GROHSV29B25	
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.		
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51	
b)	Nature of the transaction:	Grant of options over ordinary shares	
c)	Price(s) and volume(s):	Price(s)	Volume(s)
		Nil	35,000

d)	Aggregated volume: Price:	35,000 Nil
e)	Date of the Transaction:	15 July 2020
f)	Place of the Transaction:	Outside trading venue

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Harriet Morley
2	Reason for the notification	
a)	Position/Status:	PDMR (Group Head of Finance)
b)	Initial Notification/Amendment:	Initial Notification
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor	
a)	Name:	Filta Group Holdings plc
b)	LEI:	2138006C7GROHSV29B25
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.	
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51
b)	Nature of the transaction:	Grant of options over ordinary shares
c)	Price(s) and volume(s):	Price(s)
		Volume(s)
		Nil
		25,000
d)	Aggregated volume: Price:	25,000 Nil
e)	Date of the Transaction:	15 July 2020

f)	Place of the Transaction:	Outside trading venue
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1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Edward Palin
2	Reason for the notification	
a)	Position/Status:	PDMR (Commercial Director, UK operations)
b)	Initial Notification/Amendment:	Initial Notification
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor	
a)	Name:	Filta Group Holdings plc
b)	LEI:	2138006C7GROHSV29B25
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.	
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51
b)	Nature of the transaction:	Grant of options over ordinary shares
c)	Price(s) and volume(s):	Price(s)
		Volume(s)
		Nil
		25,000
d)	Aggregated volume: Price:	25,000 Nil
e)	Date of the Transaction:	15 July 2020
f)	Place of the Transaction:	Outside trading venue

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Julie Sutton

2	Reason for the notification	
a)	Position/Status:	PDMR (Operations Director, UK operations)
b)	Initial Notification/Amendment:	Initial Notification
3	Details of the issuer, emission allowance market participation, auction platform, auctioneer or auction monitor	
a)	Name:	Filta Group Holdings plc
b)	LEI:	2138006C7GROHSV29B25
4.	Details of transaction(s); section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted.	
a)	Description of the financial instrument: Identification code:	Ordinary Shares of 10 pence each ISIN: GB00BFH55S51
b)	Nature of the transaction:	Grant of options over ordinary shares
c)	Price(s) and volume(s):	Price(s)
		Volume(s)
		Nil
		15,000
d)	Aggregated volume: Price:	15,000 Nil
e)	Date of the Transaction:	15 July 2020
f)	Place of the Transaction:	Outside trading venue